Wellness Passport Verification Form

**Student Information** *(This information* ***MUST*** *be completed before receiving a verification stamp!)*

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Your Class Days and Time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Your HTH 100 Instructor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Event Information** *(This information* ***MUST*** *be completed before receiving a verification stamp!)*

Event Title: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Speaker(s) Name or Event Leader(s) or Moderator\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Sponsoring Organization(s): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Wellness Dimension** **(write one only):** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Look at the HTH 100 website Event Calendar for Wellness Dimension options for the event you have selected to attend. Remember that all students are required to attend 1 Intellectual, 1 Emotional, and 1 Social Wellness event. In addition, 1 Wellness Passport event must be attended from **EITHER** a Spiritual **OR** Occupational **OR** Environmental Wellness Dimension. **No repeat Wellness Dimensions will be accepted.**

**Stamp**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Event Responses *(This information MUST be completed immediately after the event!)*

1. Summarize the event you attended. **(MINIMUM OF 50 words) You must write your word count at the**

 **end of your answer.**

2. What did you learn by attending this event? **(MINIMUM OF 50 words)** **You must write your word count at the**

 **end of your answer.**

3. How does this event fulfill the Dimension of Wellness you identified above? **(MINIMUM OF 50 words) You must**

 **write your word count at the end of your answer.**